

Lightways

Founded as Joliet Area
Community Hospice

Grief Support



January
through
June
2025
Program Guide

Grief Support Services Available:

Grief Counseling

Grief Support Groups and Workshops

Grief Education

*In Person &
Virtual*

Free of Charge

To register for counseling, contact us at 815.460.3282 or griefsupport@lightways.org

Se Habla Español - Para más información llame al 815.460.3295

In Person services provided at the Dorothy Brown Resource Center, 320 Water Stone Way, Joliet

Through darkness, we bring light.

Our Programs



See program schedule on next page for dates and times

Support Groups

General Loss Support Group

Support group for adults offering a safe place to share and the opportunity to meet others who understand the loss of a loved one.

Meets once a month virtually.

No evening group in March due to workshop being held the same time

Spousal/Partner Loss Support Group

Support group for adults focusing on the effects of losing a spouse or partner. Meets both in person and virtually.

No evening groups in Feb & March due to workshops being held the same time

Special Events

Popcorn & Pajamas Virtual Family Watch Party

Join us for a family movie night showing a movie with a grief-related theme. Activities and snacks provided.

All ages welcome!

January 31 - Registration recommended by Jan 17th



Forever in Our Hearts - A Valentine Workshop

Holidays and Anniversaries can be difficult after a spouse or partner dies. Come join us as we address ways to approach Valentine's Day and other significant days without our spouse or partner.

February 6 - This workshop will take the place of our virtual Spousal/Partner Loss evening group in February.

Parenting While Grieving Support Group

A monthly support group for parents and guardians that addresses the unique challenges involved in the family's adjustment to a death in the family.

Grieving the Loss of a Child Support Group

A twice monthly support group for anyone that lost a child of any age.

Meets both in person and virtually.

Teen Support Meet Ups

A monthly program for teens (ages 13-17) with the focus on meeting others who understand their experience.

No evening group in May due to Memorial Day.

Spring Grief Workshop Series

A four-session introductory grief workshop for adults, devoted to understanding and coping with the roller coaster ride of grief.

March 6, 13, 20 & 27 - Registration recommended by Feb 27th

"It was so appreciated to get information, food for thought, ideas, examples, and learning ways to cope with your grief." - Workshop Participant

A Time to Remember - Luminary Event

A annual event at the Jacob Henry Mansion in Joliet, IL to honor those we have lost during a special illumination event.

April 10 - Register by April 1st

Remembering Mom

Come join us for this unique tribute to our mothers before Mother's Day. A light brunch will be served.

May 3 - Limited spots available so register early by April 25th!

A Tribute to Our Fathers

Come join us for this unique tribute to our fathers before Father's Day. A light dinner will be served.

June 12 - Limited spots available so register early by June 5th!



Follow us on our Facebook page at <https://www.facebook.com/lightwaysgriefsupport>

Program Schedule

January

- Jan 9 - (IP) Spousal/Partner Loss; 10-11:30 AM
- (IP) Spousal/Partner Loss; 1:30-3 PM
- (V) Spousal/Partner Loss; 6-7:30 PM
- Jan 14 - (IP) Loss of Child; 1:30-3 PM
- Jan 16 - (V) General Loss; 6-7:30 PM
- Jan 20 - (V) Parenting While Grieving; 6-7:30 PM
- Jan 27 - (IP) Teen Group; 5-6:30 PM
- Jan 28 - (V) Loss of Child; 6-7:30 PM
- Jan 31 - (V) Popcorn & Pajamas 5:30-7:30 PM

February

- Feb 6 - (IP) Spousal/Partner Loss; 10-11:30 AM
- (IP) Spousal/Partner Loss; 1:30-3 PM
- (V) Forever in Our Hearts 6-7:30 PM
- Feb 11 - (IP) Loss of Child; 1:30 - 3 PM
- Feb 17 - (V) Parenting While Grieving; 6-7:30PM
- Feb 20 - (V) General Loss; 6-7:30 PM
- Feb 24 - (IP) Teen Group; 5-6:30 PM
- Feb 25 - (V) Loss of Child; 6-7:30 PM

March

- Mar 6 - (IP) Spousal/Partner Loss; 10-11:30 AM
- (IP) Spousal/Partner Loss; 1:30-3 PM
- Mar 11 - (IP) Loss of Child; 1:30-3PM
- Mar 17 - (V) Parenting While Grieving; 6-7:30 PM
- Mar 24 - (IP) Teen Group; 5-6:30 PM
- Mar 25 - (V) Loss of Child; 6-7:30 PM

Spring Workshop (V) - Mar 6, 13,20 and 27; 6-8 PM

April

- Apr 3 - (IP) Spousal/Partner Loss; 10-11:30 AM
- (IP) Spousal/Partner Loss; 1:30-3 PM
- (V) Spousal/Partner Loss; 6-7:30 PM
- Apr 8 - (IP) Loss of Child; 1:30-3 PM
- Apr 10 - (IP) A Time to Remember; 5:30-7:00PM
- Apr 17 - (V) General Loss; 6-7:30 PM
- Apr 21 - (V) Parenting While Grieving; 6-7:30 PM
- Apr 22 - (V) - Loss of Child; 6-7:30PM
- Apr 28 - (IP) Teen Group; 5-6:30 PM

May

- May 1 - (IP) Spousal/Partner Loss; 10-11:30AM
- (IP) Spousal/Partner Loss; 1:30-3 PM
- (V) Spousal/Partner Loss; 6-7:30 PM
- May 3 - (IP) Remembering Mom; 10:30AM-12:30PM
- May 13 - (IP) Loss of Child; 1:30-3 PM
- May 15 - (V) General Loss; 6-7:30 PM
- May 19 - (V) Parenting While Grieving; 6-7:30 PM
- May 27 - (V) Loss of Child; 6-7:30 PM

June

- Jun 5 - (IP) Spousal/Partner Loss; 10-11:30 AM
- (IP) Spousal/Partner Loss; 1:30-3 PM
- (V) Spousal/Partner Loss; 6-7:30 PM
- Jun 10 - (IP) Loss of Child; 1:30-3 PM
- Jun 12 - (IP) A Tribute to Our Fathers; 6-8 PM
- Jun 16 - (V) Parenting While Grieving; 6-7:30PM
- Jun 19 - (V) General Loss; 6-7:30 PM
- June 23 - (IP) Teen Group; 5-6:30 PM
- Jun 24 - (V) Loss of Child; 6-7:30 PM

IP = In Person @ Joliet Office
V = Virtual (Zoom)

To register for a support group or special event, please contact us at
815-460-3282 or griefsupport@lightways.org

Virtual Popcorn & Pajamas family event

January 31st | 5:30-7:30PM

Registration recommended by Jan 17th

to register call 815.460.3295,
email griefsupport.org or scan
the QR code to the right



Lightways complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

Free language assistance services are available to our Lightways patients/families. Call 1-800-360-1817 or 815-740-4104 TTY/TTD 815-460-3224 Español (Spanish) ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-360-1817 (TTY: 1-815-460-3224). Polski (Polish) UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer

Joliet Area Community Hospice Corporation (DBA Lightways Hospice and Serious Illness Care).

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